For decades, the media have given enormous attention to sensational claims that vague lights in the sky are actually extra-terrestrial spacecraft. Recently, there has been a flurry of misleading publicity about UFOs on military photographs. A sober examination of these claims reveals that there is a lot LESS to them than first meets the eye: when there is enough evidence, UFO claims can be explained by terrestrial or celestial phenomena (including lights from human craft and re-entering space junk). Here we limit ourselves here to sources available on the Web.

Mick West key article: https://news.yahoo.com/aliens-havent-landed-why-skeptical-090251254.html
Mick West does excellent videos debunking some of the most famous recent cases: https://www.youtube.com/channel/UCF3UCTZiVg9wrIEzO7Om6jw  See his CNN interview about current claims: https://twitter.com/cuomoprimetime/status/1395924723721285638
Fraknoi, A. UFO’s: A Lot Less than Meets the Eye (short overview): https://www.researchgate.net/publication/258377682_UFO’s_A_Lot_Less_than_Meets_the_Eye
James Oberg’s Space Age Myths:
Investigation of cases by a veteran space journalist.  See his useful video at: https://www.youtube.com/watch?v=kdkbJ4r2ZY
Shostak, S: Aliens There but not Here (a thoughtful 2020 article from Skeptical Inquirer): https://skepticalinquirer.org/2020/05/aliens-there-but-not-here/
Apps to Create Your Own UFO Photos (from Skeptical Inquirer):
https://skepticalinquirer.org/2013/11/ufos_hoaxes_theres_an_app_for_that/?/si/show/ufos_hoaxes_theres_an_app_for_that